



December  
13 & 14

**Host Hotels**

Hampton Inn 863.299.9251  
Holiday Inn 863.292.2100  
...more hotel info online

**Meet Site**

Polk Community College  
999 Avenue H NE  
Winter Haven, FL 33881

Day of Meet Phone: 407.461.3435

2008 USAG Florida Level 4 State Championships					
Modified Capitol Cup Format ~ 2 flights ~ 20 minute general stretch					
S A T U R D A Y	Session	Birthdate Range	Stretch	March-In	Awards
	1	02.17.01 – 11.19.02	8:00am	8:30am	11:30am
	2	06.13.00 – 02.12.01	11:15am	11:45am	2:45pm
	3	12.28.99 – 06.05.00	2:30pm	3:00pm	6:00pm
	4	07.09.99 – 12.21.99	5:45pm	6:15pm	9:00pm
S U N D A Y	5	01.03.99 – 07.06.99	8:00am	8:30am	11:30am
	6	05.02.98 – 12.30.98	11:15am	11:45am	2:45pm
	7	07.23.97 – 04.30.98	2:30pm	3:00pm	6:00pm
	8	11.20.91 – 07.17.97	5:45pm	6:15pm	9:00pm
Each session will present 4 award groups 50% + 1 event placements and 100% all around					

**Welcome** to the 2008 USAG Florida Level 4 State Championships hosted by Tampa Bay Turners. Please aide your coaches and club program by reviewing the gym rosters online and double checking your athlete's listed birthday. The password has been emailed to your coach's email. Should a date discrepancy be voiced after awards have been printed, no changes will be made as the results are then considered verified and official.

Should an athlete compete in a session other than the one determined by her birthday, her awards will be duplicated based on her correct award group. These placements will not be published or announced and the scores may not contribute to the team total.

Use the online map link available online to get directions for your drive. Any other questions should be directed to your club coaches. Day of Meet Phone: 407.461.3435

**Coaches Attire:** At State Meets and above, the following dress code will be in place (*USAG dress code rules*).

Shoes—Closed toe athletic shoes.

Shorts—Athletic or tailored shorts with a 7" inseam.

Shirts—Collared/business casual w/ gym logo. NO spaghetti straps, low cut tops or midriff revealing shirts allowed.

Hats—No hats or visors are allowed to be worn.

Coaches who violate rules will be requested to leave the competition floor.

**Door Fees**

\$12.00 for adults each day  
\$ 7.00 for children ages 5 – 12yrs  
Children under 5  
and competing athletes are free



Athletes entered in this competition may be admitted with valid member card and session verification. There is **NO** other free admission or discount using USAG membership

[www.tampabayturners.com](http://www.tampabayturners.com)

[www.usagfl.org](http://www.usagfl.org)

[www.meetminders.com](http://www.meetminders.com)